

# Confirmation Parent/Adult Catechesis 1:1

## Gifts of the Holy Spirit

All-powerful God, Father of our Lord Jesus Christ  
by water and the Holy Spirit  
you freed your sons and daughters from sin  
and gave them new life.  
Send your Holy Spirit upon them  
to be their Helper and Guide.  
Give them the spirit of wisdom and understanding,  
the spirit of right judgment and courage,  
the spirit of knowledge and reverence.  
Fill them with the spirit of wonder and awe in your  
presence.  
We ask this through Christ our Lord.  
Amen

*Rite of Confirmation, 25*

Write one way you practice each Gift of the Holy Spirit.

**Wisdom** The power to love what is of God and to value all of God's creation

With wisdom, I \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Understanding** The power to know how to live my life as a follower of Jesus and apply the teachings of the Church to my life

With understanding, I \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Confirmation Parent/Adult Catechesis 1:1 (continued)**

**Right Judgment** The power to know how to make right choices and good decisions

With right judgment, I \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Courage** The power to stand up for my beliefs and the values of Jesus' message even when it is difficult

With courage, I \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Knowledge** The power to see all of life and creation through God's eyes

With knowledge, I \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Reverence** The power to see God's presence in all people and life experiences

With reverence, I \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Wonder and Awe** The power to recognize how awesome God is

With wonder and awe, I \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_