

# Eucharist Parent/Adult Catechesis 5:2

## Sacrifice

Read the quotes below. Choose one of them, and in the space below, write a short paragraph about how you live that experience of sacrifice.

- To ease another's heartache is to forget one's own.  
*Abraham Lincoln*
- To give without any reward, or any notice, has a special quality of its own.  
*Anne Morrow Lindbergh*
- True happiness is not attained through self-gratification, but through fidelity to a worthy purpose.  
*Helen Keller*
- We must want for others, not ourselves alone.  
*Eleanor Roosevelt*
- You make a living by what you get, but you make a life by what you give.  
*Unknown*
- Only when we give joyfully, without hesitation or thought of gain, can we truly know what love means.  
*Leo Buscaglia*
- The greatest use of life is to spend it for something that will outlast it.  
*William James*
- If you have much, give of your wealth; if you have little, give of your heart.  
*Arabian Proverb*
- Only a life lived for others is worth living.  
*Albert Einstein*
- No one has greater love than this, to lay down one's life for one's friends.  
*John 15:13*

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