

Eucharist Parent/Adult Catechesis 7:1

Sharing a Meal

Leader: Let us pray.

Make the Sign of the Cross together.

Leader: Loving God, you provide us with everything we need. We are your children. Through your Son Jesus we are united with you and one another as one family. Through the power of the Holy Spirit, strengthen us to bring life to others. We ask this through Jesus Christ our Lord.

All: Amen.

Leader: A reading from the holy Gospel according to John.

All: Glory to you, O Lord.

The Leader will read John 30:30–58.

Leader: The Gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

Observe a moment of silence.

Gather around the table(s) for the ritual of sharing a meal.

Leader: Blessed are you, almighty Father, who gives us our daily bread. Blessed is your only begotten Son, who continually feeds us with the Word of Life. Blessed is the Holy Spirit, who brings us together at this table of love. Blessed be God, now and forever.

All: Amen.
Book of Blessings, 1069

At the end of the meal, give a prayer of thanks.

Leader: We give you thanks for all your gifts, almighty God, living and reigning now and forever.

All: Amen.
Book of Blessings, 1070

Leader: Let us offer each other the Sign of Peace.