

## **ADULT CONFIRMATION**

If you have adult candidates preparing for the Sacrament of Confirmation, you should schedule an initial meeting with the candidates and their sponsors to explain the process and the expectations of the preparation time. Resources are available to assist you in facilitating the adult Confirmation program through the *Call to Celebrate:* Confirmation Source Book, as well as through Adult Confirmation Session Handouts available online. The eight sessions of the Parent/Adult Catechesis found in the *Confirmation Source Book* contain core content for adult candidates who are baptized and who have participated in church life.